

Health and Wellbeing Board

Date of Meeting: 15th September 2015

Report of: Jerry Hawker - Chief Officer, NHS Eastern Cheshire CCG
Simon Whitehouse—Chief Executive, NHS South Cheshire CCG
Nigel Moorhouse –Interim Director of Children’s Services,
Cheshire East Council

Subject/Title: Local Transformation Plans for Children and Young People’s
Mental Health and Wellbeing

1 Report Summary

- 1.1 Additional funding is available to Clinical Commissioning Groups (CCGs) to support the delivery of transformation in relation to Children and Young People’s Mental Health and Wellbeing, subject to the development, submission and assurance of Local Transformation Plans.
- 1.2 NHS Eastern Cheshire Clinical Commissioning Group and NHS South Cheshire Clinical Commissioning Group will be submitting their local Transformation Plans on 16th October 2015.
- 1.3 Development of Local Transformation Plans is currently in progress and sign-off of these plans is required by a representative of the Health and Wellbeing Board.

2 Recommendations

- 2.1 The Health and Wellbeing Board is asked to note the requirement to develop and submit local Transformation Plans in relation to Children and Young People’s Mental Health and Wellbeing in October 2015.
- 2.2 The Health and Wellbeing Board is asked to note the requirement for local plans to be signed off by a representative of the Health and Wellbeing Board prior to submission in October 2015 and nominate a representative accordingly. This will follow a review of the plan at the Children and Young People’s Commissioning Sub-group of the Joint Commissioning Leadership Team in September.

3 Reasons for Recommendations

3.1 Additional funding is available to Clinical Commissioning Groups from NHS England to support the delivery of transformation with respect to Children and Young People's Mental Health:

- **Roll-out the Children and Young People's Improving Access to Psychological Therapies programmes (CYP IAPT):** NHS Eastern Cheshire CCG £273k and NHS South Cheshire CCG £245k for 2015/16 when Transformation Plans are assured.
- **Develop evidence based community Eating Disorder services for children and young people** with an associated release in general capacity to improve self-harm and crisis services: NHS Eastern Cheshire CCG £109k and NHS South Cheshire CCG £98k for 2015/16 (funding also to support initial planning).
- **Improve perinatal care.** Allocation for this will be made separately and commissioning guidance will be published before the end of the financial year

3.2 However, release of funding is dependent on the development and assurance of Local Transformation Plans. Following assurance of plans, NHS Eastern Cheshire CCG could expect a minimum recurrent uplift for 2016/17 of £383k whilst for NHS South Cheshire this figure is £343k.

3.3 Local Transformation Plans are required to demonstrate that they:

- have been designed with, and are built around the needs of, children and young people and their families;
- are based on the mental health needs of children and young people within your local population;
- provide evidence of effective joint working both within and across all sectors including NHS, public health, local authorities, social care, youth justice, education and the voluntary sector;
- include reference to other improvement initiatives such as the Crisis Care Concordat;
- include evidence that plans have been developed collaboratively with NHS England Specialised and Health and Justice Commissioning teams;
- promote collaborative commissioning approaches within and between sectors
- clarify status within the children and young people Improving Access to Psychological Therapies programme

- include the level of investment by all local partners commissioning children and young people's mental health services for the period April 2014 to March 2015;
 - include spend on services directly commissioned by NHS England on behalf of the CCG population;
 - will be published on the websites for the CCG, Local Authority and any other local partners;
 - are based on delivering evidence based practice and focused on demonstrating improved outcomes;
 - make explicit how you are promoting equality and addressing health inequalities;
 - will be monitored by multi-agency boards for delivery supported by local implementation / delivery groups to monitor progress against your plans, including risks;
 - include baseline information for April 2014-March 2015 on referrals made, accepted, and waiting times;
 - include workforce information, numbers of staff including whole time equivalents, skills and capabilities;
 - include measurable, ambitious KPIs;
 - have been costed and are aligned to the funding allocation that you will receive;
 - take into account the existing different and previous funding streams including the MH resilience funding (Parity of Esteem).
- 3.4 Guidance for the development of the Transformation Plans was issued on the 3rd August 2015 and plans are required to be submitted by 16th October 2015. There are tight timescales around development of plans and Health and Wellbeing Board will not now formally meet again until after the closing submission date for Transformation Plans.
- 3.5 Draft Transformation Plans will be circulated to Health and Wellbeing Board members for information prior to submission and will be formally presented to Health and Wellbeing Board at the next meeting.
- 4 Impact on Health and Wellbeing Strategy Priorities**
- 4.1 The development of a Local Transformation Plan for Children and Young People's Mental Health and Wellbeing provides an opportunity to improve the mental health and wellbeing of young people and their families in Cheshire East. Such plans will contribute to:
- Starting and Developing Well: Children and young people have the best

start in life; they and their families or carers are supported to feel healthy and safe, reach their full potential and are able to feel part of where they live and involved in the service they receive.

- Working and living well: Driving out the causes of poor health and wellbeing ensuring that all have the same opportunities to work and live well and reducing the gap in life expectancy that exists between different parts of the borough. In particular, to better meet the needs of those with mental health issues.

- 4.2 The content of the plan will be reflective of priority needs as identified in a currently ongoing Pan-Cheshire Joint Strategic Needs Assessment with respect to mental health.

5 Background and Options

- 5.1 In March 2015, the Department of Health and NHS England published a report 'Future in Mind: Promoting, protecting and improving our children and young people's mental health and wellbeing'. This report outlined how to improve the way children's mental health services are organised, commissioned and provided and how to make it easier for young people to access help and support, including in schools, through voluntary organisations and online. The Children and Young People's Mental Health Taskforce made 45 recommendations across themes of:

- Promoting resilience, prevention and early intervention
- Improving access to effective support – a system without tiers
- Care for the most vulnerable
- Accountability and transparency
- Developing the workforce

- 5.2 One of the key proposals in this report was that Local Transformation Plans for Children and Young People's Mental Health and Wellbeing should be developed and agreed to clearly articulate the local offer. It was stipulated that plans should cover the entire spectrum of relevant services from health promotion and prevention to support for those with mental health problems and include transitions between services.

- 5.3 Prior to the announcement of these plans, work had been underway on a needs assessment on a Cheshire-wide footprint as part of the Pioneer Mental Health Commissioning Review Panel. The elements of the Joint Strategic Needs Assessment pertaining to Children and Young People's Mental Health needs have been prioritised and will inform the development of these local transformation plans.

- 5.4 Cheshire East Children and Young People's Plan 2015-2018 is the overarching plan which sets out how partners across Cheshire East will work together to support children to get the best start in life. It is strategically aligned to the Health and

Wellbeing Board and has six priority outcomes, one of which is Outcome 3: ‘*Children and young people experience good emotional and mental wellbeing*’. Themes within this current plan include:

- Prevention and early intervention for the mental wellbeing of children and young people
- Improving access to effective support – a system without tiers
- Care for the most vulnerable
- Accountable and transparent
- Developing the workforce
- Voice of the child

This plan is thus closely aligned to recommendations in ‘Future in Mind’.

- 5.5 A project group with representation from both CCGs, Public Health and Children’s Services is currently progressing the development of a Cheshire East Transformation Plan. Furthermore, opportunities for joint working on a wider footprint (e.g. in relation to Eating Disorder Services) are being actively pursued.
- 5.6 The Children and Young People’s Commissioning Sub-group of the Joint Commissioning Leadership Team leads on the commissioning actions in the Children’s and Young People’s Plan. This sub-group also reports to the Children’s Trust Board. The Joint Commissioning Leadership Team reports to the Health and Wellbeing Board. The draft Transformation Plans will be presented to and discussed at the Children and Young People’s Commissioning Sub-group at the next meeting on the 24th September.

6 Access to Information

- 6.1 NHS England (2015). Local Transformation Plans for Children and Young People’s Mental Health and Wellbeing. Guidance and Support for Local Areas. <http://www.england.nhs.uk/2015/08/03/cyp-mh-prog-launch/>
- 6.2 Department of Health and NHS England (2015). Future in Mind: Promoting, protecting and improving our children and young people’s mental health and wellbeing’. https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/414024/Childrens_Mental_Health.pdf
- 6.2 Cheshire East Children and Young Peoples Plan 2015-2018. Cheshire East Children and Young People’s Trust. http://www.cheshireeast.gov.uk/children_and_families/childrens_trust/childrens_trust.aspx

The background papers relating to this report can be inspected by contacting the report writer:

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